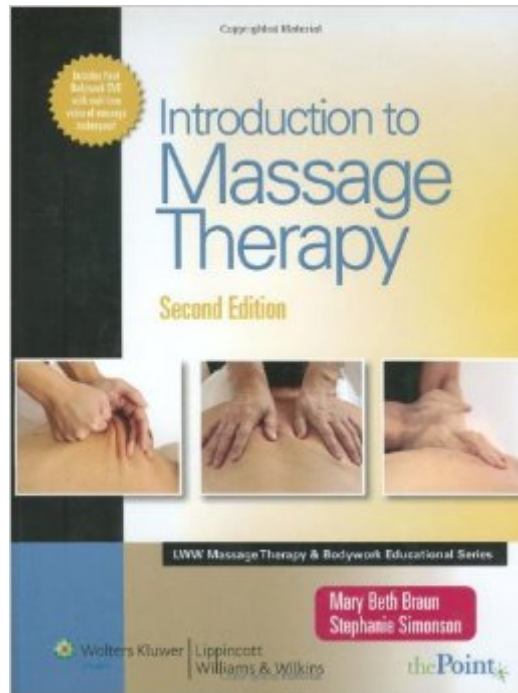


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# Introduction To Massage Therapy (LWW Massage Therapy And Bodywork Educational Series)



## Synopsis

The Second Edition of Introduction to Massage Therapy instills the essential skills and knowledge needed to become a professional massage therapist and excel as one. The authors integrate functional anatomy, physiology, and pathology with massage therapy techniques, helping you translate your knowledge of the underlying science into practice. Designed to prepare you for all aspects of massage practice, the text also covers communication and documentation, safety and self-care practices, and essential business concepts. This text offers a wealth of 3D anatomical information on the skeletal, muscular, and neurovascular systems, as well as surface anatomy. The Second Edition features expanded coverage of hydrotherapy, Eastern techniques, sanitation and hygiene, and HIPAA. New Features to Help You Master Massage Therapy " New topics have been added or expanded to better prepare you for the National Certification Exam (NCE). Critical thinking exercises test your skills in selecting the correct techniques to apply under specific sets of circumstances. Contraindication boxes highlight particular situations when massage should not be used or a specific stroke may be harmful. More Highlights and Features " Full-color illustrations and photographs help you learn important concepts and techniques. Progressive case studies ask you to develop step-by-step treatment plans for a client. Procedure boxes set forth step-by-step instructions for treatments and assessments. Exercises in each chapter help you assess your grasp of key concepts. Bonus DVD Each copy of the text includes the Real Bodywork DVD, featuring outstanding video clips of massage sequences presented in the text.

## Book Information

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## Customer Reviews

I work for a massage school in California, and I wish there had been ANY indication that the Hardbound and Paperback versions were DIFFERENT. They should NOT be lumped together on .com. When I received the first Paperback version and compared it to the Hardbound version, there were differences within the first few pages of the Introduction, let alone all the instructional content later in the book. We're fortunate to have a great instructor who has dealt with both in the past, and she kept things together. The overall content is basically the same, but students were confused, and of course many of them wanted to know why we got different books. We should have done more research, but still -- these two options should be considered DIFFERENT EDITIONS altogether!

Excellent approach to therapeutic massage, complete with history of massage, anatomy and physiology, clearly written. A holistic approach, where the body is much more than a mass of meat, but a sacred being intimately related to a soul.

I purchased this book for my reference library at my Massage School. This book made a great addition. This book contains wonderful pictures and easy to follow diagrams. The pages are strong and sturdy for easy reference. Great test prep material in the book too.

This book is poorly edited. There are many mistakes. The index does not match the text, the pathology section is hidden in the book, and the author states that massage helps remove lactic acid. A substandard textbook.

I'm in my second quarter of a 1-year, 600-hour massage program. This book was used as our primary text for Massage I and as a supplemental text for Massage II. I have found the book to be almost useless. It feels like a bunch of very short reports written by middle school students. The authors definitely sacrifice depth for breadth, as they seem to try to touch upon virtually every subject that could possibly be of any interest to a massage therapist, while almost entirely failing to actually convey any information. I chose to give the book two stars rather than just one because I prefer to save one star (the lowest rating) for the surprisingly high number of textbooks out there with many spelling, grammatical, or factual errors. This book has relatively few. If you're a 12-year old who's interested in massage and who wants a very basic introduction at a very easy reading

level, this book might be appropriate for you. If you're older than 12 or 13 and actually want to learn something, I'd look elsewhere. Of course, if it's a required text for a class, I guess you're stuck with it (although I rarely bother with the reading assignments in it any more).

this book is my bible... i think alot of massage schools should use this book in their class. I wish my school had this book - lucky for me i bought it while in school and shared it with other students who then purchased the book. Very imformative book.

Great shipping time and great condition this is a great book for haveing soap note abbreviations in it I liked this book a lot when we started them in Swedish massage

The comforter set we ordered shipped quickly, arrived as scheduled, and my daughter couldn't be happier w the product. Thank you so much!

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